

# SevenDays®

MAKE A RIPPLE, CHANGE THE WORLD



Since 2014, SevenDays® Make A Ripple, Change the World has worked to fulfill our mission to provide opportunities encouraging all people to **increase kindness** through **knowledge**, **mindset**, and **behaviors**. SevenDays® honors Reat Underwood, William Corporon, and Terri LaManno, whose lives were taken by hate. Kindness is their legacy.

## We are excited to share with you SevenDays® plans for spreading kindness in 2022.

- Presenting **SevenDays® in April 2022**
- Promoting kindness through our daily themes of **LOVE, DISCOVER, OTHERS, CONNECT, YOU, GO** and **ONWARD**
- Hosting **Button Art competition** for high school students based on our daily themes
- Providing **scholarships** to graduating high school seniors who created Ripple of Kindness projects in our community
- Honoring a local kindness champion with our **2022 Ripple of Kindness Award**
- Fostering **“SevenDays® City” partnerships** – working directly with our communities to offer kindness ideas and activities
- Providing **kindness resources** for businesses, schools, and organizations through our website: [www.GiveSevenDays.org](http://www.GiveSevenDays.org)
- Engaging schools and youth organizations to promote kindness, providing them with additional **kindness curriculum** based on state education standards
- Mentoring future leaders through our **Kindness Youth Leadership Team**
- Hosting **Kindness Kick Off** on **LOVE day – Wednesday, April 13, 2022**. This kick-off event will highlight how kindness makes a difference! Participants will be inspired by stories of courageous kindness by Mindy Corporon and others, button design winners, Kindness Action Scholarship winners and our Ripple of Kindness Award recipient. This fundraising event to support SevenDays® will leave you uplifted and ready to make your own ripples of kindness.
- Hosting the **SevenDays® KINDNESS WALK – Sunday, April 24, 2022**, at the National World War I Museum and Memorial. We will unite as a community and celebrate our diversity, commonalities, and shared value of kindness. This short walk, along with an inspiring pre-walk program and food trucks, will wrap up a week of kindness that will ripple throughout the year! SevenDays® will continue to offer a virtual walk for our friends from around the world.

**For more information, please visit [www.GiveSevenDays.org](http://www.GiveSevenDays.org). Follow us on social media @GiveSevenDays**