

Theme of the Day: **ONWARD**



Educational Resources- Preschool/Primary Level

Activity 1: Watch this “Pay It Forward” Video

Subject: Any- Social Studies

Prep Time: 5 min

Activity Time: 20 min

Activity Description:

Teachers set up YouTube on a site your class can watch and hear. Watch this 4.5 minute video with your class. It is generally about a boy who sees people making negative choices and goes on to make good choices that others see and continue paying it forward.

<https://www.youtube.com/watch?v=PT-HBl2TVtI>

Have a discussion with your students.

What have they done to show kindness and love to those around them?

Can they identify one thing they could do that they haven't done yet?

What ideas did they get from the video?

Why is it important to show compassion and thoughtfulness to themselves and others?

Activity 2: Plan it in advance

Subject: Any- end of day activities

Prep Time: 0 min

Activity Time: 10-20 min

Activity Description:

Teachers discuss what it means to move “Onward” with any activity. Explain that planning is important, even for kindness. Give the kids time to think about what they want to do to keep kindness active in their lives.

Have the students take out their planners, calendars, or anything they use to stay organized. Have them choose days throughout the rest of the school year and write specific ideas of what they will do on that day. Example: Every Thursday this school year- (write on my planner) I will give a class mate that I don't know very well a sincere complement. Example: First Wednesday of every month- (write on my calendar) I will ask a friend in school to study with me for an upcoming test. I will make sure I complement them on how they are doing in the study process.

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