

Theme of the Day: **OTHERS**



Educational Resources - Secondary Level

Activity 1: Spirit Day – Others

Subject: All Day

Prep Time: None

Activity Time: N/A

Activity Description:

Encourage students to root for others by wearing a sports jersey of a friend or team that they otherwise might not support. They can wear the jersey or t-shirt from any activity at school or out of school. Suggestions include: a friends football jersey, soccer jersey, debate club t-shirt, musical t-shirt, shirt from a club team or activity- like dance studio, club volleyball, tennis team, art club, etc. They could even wear a work t-shirt of a friend. Examples would include- from a local restaurant, movie theater, or car wash where their friend works.

Activity 2: Whiteboards

Subject: Any

Prep Time: 5 min

Activity Time: During 1 class period or lunch

Activity Description:

Teachers, gather a number of whiteboards and markers. Tell students to get in groups (2 or more) and write down something they like about one of their peers in their group. Help them brainstorm specific and concrete ideas. Be creative. Teachers can give examples like- instead of saying “You are nice.” be specific and say “You are nice because you...help your grandma do yard work, always give a smile to anyone, think of others feelings.” etc.

Decorate the whiteboard share the results with your group and possibly other groups if there is time. Encourage students to take a picture with their whiteboards and post on social media using the hashtag #givesevendays.

Share your photos and experiences @givesevendays on Facebook, Twitter and Instagram using the hashtag #givesevendays. To share more detailed events, email info@givesevendays.org with your school name.