

Theme of the Day: Discover



## **Educational Resources- 7th - 12th**

Activity: Spirit Day

Subject: Any

Prep Time: N/A

Activity Time: N/A

**Activity Description:** *\*Read the information below for school announcements the day before this Spirit Day.*

For DISCOVER day, wear camouflage to school. The camouflage represents how we hide our complex human identity. It symbolizes your emotional camouflage in everyday life, such as disabilities, religious beliefs, differences, fears, family problems, issues with friends, etc. The physical camouflage represents the hidden parts of ourselves that we ALL have. Seeing all the other kids in camouflage lets you know you are not alone.

Activity: Discover someone

Subject: Any

Prep Time: 0

Activity Time: 30 min. -up to 1 class period

**Activity Description:**

Teachers are encouraged to take a moment in class to have their students separate into small groups to discuss their values, and religious beliefs. Give students the opportunity explain (in a safe environment) why their views are important to them. After, as a class, the teacher is encouraged to open the opportunity for students to share their thoughts in front of the class and ask why it is important for students to respect their peers opinions.

Here are some sample conversation starters for the teachers to use:

“What are some family traditions you have?”

“Why are these religious beliefs important to you?”

“How do you practice your faith?”/“What day of the week do you practice your faith?”