



Possible School Morning Announcements

These announcements are intended to be flexible, and are meant to be a starting place for you to build from and modify. If your school is following the SevenDays schedule, some of these days will be over the weekend. Feel free to give your students ideas in advance about how to spend their weekends focused on the SevenDays® themes.

Remember that our website will list SevenDays® hosted events for anyone to attend free of charge. Encourage students to follow @givesevendays on Instagram, too!

Day(s) before SevenDays begins:

[This week/Tomorrow/Tuesday] we will begin SevenDays®! SevenDays® and the Faith Always Wins Foundation were created in 2014 after 14-year-old Reat Griffin Underwood, his grandfather William Corporon, and Terri LaManno were murdered by a white supremacist. This initiative every April encourages everyone to increase kindness, make ripples, and change the world.

Each day there will be a new theme to help us focus on kindness and understanding of differences. If you want more information about events going on this week, outside of school, please check out the website, givesevendays.org, and follow SevenDays® on Instagram @givesevendays. SevenDays® hosts daily events, mostly at no cost to you! Consider joining us each day!

LOVE DAY

Today's SevenDays® theme is LOVE! Take some time today to reach out to those who care about you. Make it a day filled with appreciation. Let your teachers, coaches, friends and family know that you LOVE them!

DISCOVER DAY

Today's SevenDays® theme is DISCOVER. Take time to learn and listen discover something new. Find out something about a friend or family member that you didn't know before. Share your new discovery with friends and family tonight!

OTHERS DAY

Today's SevenDays® Theme is OTHERS. Today give of yourself to others, whether through a charitable organization or on your own. Consider finding some friends that have the same interests as you and do a community service project with them!

CONNECT DAY

The SevenDays® theme for today is CONNECT! Take some time today to re-connect with family and friends. Find someone that you want to get to know better and spend some time with them. Ask them questions, do something fun, or just let them know you want to be friends!

YOU DAY

Today, take time to care for YOU- mind, body and soul. Spend a few minutes thinking about how to best take care of YOU. Find activities that engages your body, mind and spirit.

GO DAY

The SevenDays® Theme today is GO! Do something active outside if you can! Engage in an activity with family and friends in a way that makes you GO!

ONWARD DAY

Today's SevenDays® theme is ONWARD. How are you going to take the lesson you learned this week ONWARD? What are you going to do that Makes a Ripple to Change the World? Consider writing some Ripple goals to keep you focused onward. Connect with SevenDays® through our website givesevendays.org and on social media.