

Theme of the Day: CONNECT



**SevenDays**  
MAKE A RIPPLE, CHANGE THE WORLD

## **Educational Resources- 7<sup>th</sup> – 12<sup>th</sup>**

Activity: Spirit Day

Subject: Any

Prep Time: N/A

Activity Time: N/A

**Activity Description:** *\*Read the information below for school announcements the day before this Spirit Day.*

For CONNECT day find a friend (or more) to match with clothes, hair, or any other creative way. Show your connection to friends by being the same for one day. Here is the hard part...think of someone **new** to invite to dress like you and your friends. Including someone else will feel awesome to you and them. Connecting with friends is great but going forward to connect with someone new is even better! Take pictures together and post to social media with #BeTheRipple and #GiveSevenDays.

Activity: Post-it Note Challenge

Subject: Any class

Prep Time: N/A

Activity Time: 10-20 minutes

**Activity Description:**

Write 5-10 positive thoughts or feelings about different people you know on post-it notes. The notes should be specific in order to brighten their day. This activity represents the little things that can connect us to others and improve the days of people around us. We never know what a person is going through and even a small, but heartfelt post it note could make the difference.